

CALPE SCHOOL

4th - 27th September 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4th - 6th Sept			Traditional Shepherd's Pie with lentils, courgettes & carrots Fresh Mixed Salad & French Bread Fruit/dessert	Roast chicken in gravy, roasted potatoes & mixed vegetables Fresh Mixed Salad & French Bread Fruit/dessert	FISHY FRIDAY Fresh breaded fish fillets with chips & baked beans Fresh Mixed Salad & French Bread Fruit/dessert
9th - 13th Sept	MEAT FREE MONDAY Cheesy jacket potatoes and baked beans Fresh Mixed Salad & French Bread Fruit/dessert	Lasagne & Carrot sticks Fresh Mixed Salad & French Bread Fruit/dessert	Chicken fricassee with leeks, celery & sautéed potatoes served with roasted cherry tomatoes Fresh Mixed Salad & French Bread Fruit/dessert	Veggie-packed beef patties with jacket potato wedges, peas & carrots Fresh Mixed Salad & French Bread Fruit/dessert	Mild fruity chicken curry with long grain rice Fresh Mixed Salad & French Bread Fruit/dessert
16th - 20th Sept	Two bean chilli con carne, steamed rice and corn chips Fresh Mixed Salad & French Bread Fruit/dessert	Chicken, vegetable & lentil hotpot, served with peas and roasted cauliflower Fresh Mixed Salad & French Bread Fruit/dessert	Meat & vegetable stew with sweet potato mash & roasted cauliflower Fresh Mixed Salad & French Bread Fruit/dessert	Chicken, carrot & leek bake with roasted cherry tomatoes Fresh Mixed Salad & French Bread Fruit/dessert	FISHY FRIDAY Salmon & leek fishcakes with baked beans Fresh Mixed Salad & French Bread Fruit/dessert
23rd - 27th Sept	MEAT FREE MONDAY Chickpea & Veggie Curry with Hummus Flatbreads Fresh Mixed Salad & French Bread Fruit/dessert	Chicken & Vegetable Paella with roasted cherry tomatoes Fresh Mixed Salad & French Bread Fruit/dessert	Homemade pizza, tuna, ham or cheese with grated carrots, apples & sultana salad Fresh Mixed Salad & French Bread Fruit/dessert	Garlic & Herb Fillets of Chicken "A La Plancha" with buttered mash potato & steamed broccoli Fresh Mixed Salad & French Bread Fruit/dessert	Spaghetti Bolognese Fresh Mixed Salad & French Bread Fruit/dessert